



2022/23

Spartan South Midlands Football League



John Aitken

Groundhoppers

2022/23

Spartan south Midlands are Step 5 of the National League or Level 9 on the Pyramid League System has 14 Divisions which can promote to Isthmian League Division One North & South or to the Southern League Division One Central or South West.

Step 6 of the National League or Level 9 on the Pyramid League System are promoted to level five within their leagues or with leagues outside that are affiliated to the league

The symbols are:



= Local Bus



= Car



= Railroad



= Walking



= Metro

John Aitken
The Editor

- 2 Spartan South Midlands Premier Division (Level 9)
- 26 Spartan South Midlands League Division One (Level 10)

Spartan South Midlands League Premier Division

This is Step 5 League leading to the Southern League South Division or Isthmian Football League

Ardley United

Ground – The Playing Fields Oxford Road Ardley OX27 7NZ

Telephone - 07711 009198

Nickname: The United

Founded: 1945

Capacity: 1,100 (100 Seats)

Programme: £2.00



Stand & Pavilion

Driving to the Ground



From the North take the M40 till junction 10 and at the end of the slip road and at the roundabout take the third exit then go straight on at the lights and at the next roundabout go straight onto the B430 and then take the first right and the ground is 10 yards on your right.



From the South take the M40 till junction 10 and at the end of the slip road take the first exit at the roundabout, cross the motorway keeping in the right hand lane follow signs for B430. Take the first right and the ground is 10 yards on the right.



Main Stand

Public Transport & Walking



→ 10 mins



81



→ 1 mins

Train to **Bicester North Railway Station** then walk up the Station Approach and then turn left into Buckingham Road, walk straight on at the roundabout and when you get to the old school just before the next roundabout cross the road and take a right into Bucknall Road then walk up to the new Brookside Primary School and take bus **Heyfordian Travel 81 bus** to the White Lion in Arlesley its 1 minute to the ground.

Admission

Adults £6

Concessions and Children £1

Arlesley Town

Ground: Hitchin Road, Arlesley SG15 6RS

Telephone - 01462734504

Nickname: The Blues

Founded: 1891

Capacity: 3,000 (250 Seats)

Driving to the Ground



Take the A1/M1 to the junction for the A507 from the North take the third exit and from the south take the first exit onto the A507 and go straight on at the first roundabout and take the first exit at the next and second exit at the next roundabout onto Stotford Road then second exit at the next two roundabouts onto Arlesley New Road then first right onto Hitchin Road and the ground is on the right.



Public Transport & Walking



→  14 minutes

Train to **Arlesley Railway Station** and walk out on to Old Oak Close and at the end turn right on to High Street which becomes Hitchin Road as is a 14 minutes' walk with the ground on the left



Admission

Adults £6

Concessions and Children £1

Aylesbury Vale Dynamos

Ground: Greenfleets Stadium, Haywood Way, Aylesbury HP19 9WZ

Telephone - None

Nickname: The Dynamos

Founded: 1930 (Negretti and Zambra Works FC)

Capacity: 1,100 (100 Seats)



Driving to the Ground



Take the A41 to Haydon Hill roundabout and from the north take the first exit and from the south take the third exit into Jackson Road and take the fourth left and the ground is at the end of the road.

Public Transport



2 minutes



4 minutes

Train to **Aylesbury Railway Station** then walk down Station Court and cross the road and from Great Western Stop G2 take the **Redline 2 Bus** to Belgrave Road then walk up and take the second left and the ground is at the end of the road.

Admission

Adults £6
Concessions and Children £1

Baldock Town

Ground: Hitchin Road, Arlesley SG15 6RS
Telephone - 01462734504
Nickname: Reds
Founded: 1901
Capacity: 3,000 (250 Seats)

Driving to the Ground



Take the A1/M1 to the junction for the A507 from the North take the third exit and from the south take the first exit onto the A507 and go straight on at the first roundabout and take the first exit at the next and second exit at the next roundabout onto Stolford Road then second exit at the next two roundabouts onto Arlesley New Road then first right onto Hitchin Road and the ground is on the right.



Public Transport & Walking



→  **14 minutes**

Train to **Arlesley Railway Station** and walk out on to Old Oak Close and at the end turn right on to High Street which becomes Hitchin Road as is a 14 minutes' walk with the ground on the left



Admission Price

£5 Adults
£2 for OAP and Under 16

Biggleswade United

Ground – Second Meadow, 87 Fairfield Road, Biggleswade, SG18 0AA

Telephone - 01767 600408

Nickname: United

Founded: 1959

Capacity: 2,000 (250 Seated)

Driving to the Ground



Take the A1 and from the north take the first exit and third exit at the roundabout signposted for Biggleswade on to the A6001 straight on at the first roundabout and take the first exit at the next roundabout and then first left into Fairfield Road and the ground is on the left after 150 yards.



Public Transport



→  15 minutes

Train to **Biggleswade Railway Station** and the station are about a fifteen minutes' walk from to the ground. Walk up to the end of Station Road then take a right and left into Rose Lane after 200 yards turn left into Sun Street then take the second right after the Viceroy restaurant and the ground is just past the cricket ground on the left.



Admission Price

£5 Adults
£2 for OAP and Under 16

Cockfosters

Ground - Chalk Lane Cockfosters EN4 9JG

Telephone: 0208 449 5833

Nickname: Fosters

Founded: 1921

Ground Capacity: 2,000 (200 Seated)

Driving to the Ground



Take junction 24 M25 and from the west take the fourth exit and from the south take the second exit at the roundabout and go down Staggs hill till you get to Cockfosters Underground Station there take a right into Chalk Lane and the ground is two hundred yards up on the left take a right at the bowling club and park there



Public Transport



5 minutes

Take the underground to **Cockfosters Station** cross the road turn left into Chalk Lane and follow the road to the right past the cricket ground and the ground is on the right

Admission Price

£5 Adults

£2 for OAP and Under 16

Colney Heath

Ground – The Recreation Ground High Street Colney Heath AL4 0NP

Telephone - 07891029464

Nickname: The Magpies

Founded: 1907

Capacity: 2,000 (100 Seated)

Driving to the Ground



Take Junction 3 on A1/M1 and from the south take the first exit and from the north take the third exit onto the North Orbital Road A414 then exit for Colney Heath by taking a left onto the High Street and take the second left for the football club with a number of car park spaces.



Public Transport



2 minutes



301



2 minutes

Train to **Hatfield Railway Station** walk out of the main entrance go to Stop A and take the **Arriva In Herts and Essex 301 bus** to Smallford Roundabout at the Shell garage then walk back turn right into Station Road and at the North Orbital Road use the bridge and follow the path to the High Street and turn left and go down to the school and then take a left up the lane to the ground which will be in front of you.

Admission Price

£5 Adults

£2 for OAP and Under 16

Crawley Green

Ground – The Brache, 309 Park Street, Luton, LU1 3HH

Telephone - 07762752213

Nickname: Green

Founded: 1992

Capacity: 4,000 (250 Seated)

Driving to the Ground



From M1 Junction 10 turn onto the A1081. Keep left at the first slip road marked Harpenden, St Albans and Local Traffic. Follow Local Traffic and take the second exit at the roundabout onto London Road sign posted Local Traffic & Stockwood Park. Proceed approximately ½ mile to the traffic lights and turn right into Cutenhoe Road. At the end of Cutenhoe Road proceed with caution straight over Park Street into the ground. Alternatively proceed along Park Street from Luton and turn left into the ground. Please note there is no access to the ground via Venue 360.



Public Transport



10 minutes

Train to Luton Parkway Railway Station walk across the car park and take the path to Gypsy lane and then use the crossing and turn right and then take first left and walk past Venue 360 and take the path to the ground which is on the left after the gap in the bushes.

Admission Price

£5 Adults

£2 for OAP and Under 16

Dunstable Town

Ground: Creasey Park Stadium, Creasey Lane off Brewers Hill Road Dunstable LU6 1BB

Telephone - 07883527373

Nickname: The Blues

Founded: 1883

Capacity: 3,500 (350 Seated)



Driving to the Ground



Take the M1 to Junction 11 from the north its third exit and from the south its first exit onto the Luton Road and take it to Dunstable cross and go into the right lane and continue on the A5 to the lights at with National tyres on the right take the left fork at the lights onto Brewers Hill Road and go straight on at the roundabout at the fire station and then take the first right into Creasey Park Drive.

Public Transport



2 minutes



F70



2 minutes

Creasey Park is well served by buses. Arriva in the Shires & Bedfordshire and Centrebus A, B, C and G plus F70 services from Luton and Leighton Buzzard train stations all stop at the bottom of Brewers Hill Road. Some 24 services stop directly opposite Creasey Park Drive and cross the road and take a left and take the second right up the lane there is a big sign at the lane and the ground is at the end of the lane.



Admission Price

£5 Adults
£2 for OAP and Under 16

Harpenden Town

Ground - Rothamsted Park, Amenbury Lane, Harpenden, AL5 2HU

Telephone - 07971026749

Nickname: The Harps

Founded: 1891

Capacity: 1,500 (70 Seated)



Driving to the Ground



Take Junction 10 M1 from the North the first exit and from the south take the second exit and then take the first exit and at the roundabout take the first exit onto New London Road and at the next roundabout take the second exit onto the A1081 and take second right after Bright Horizons School (on the right) into Douglas Street and continue down to the bottom and take a right then a first left into Avenue St Nicholas and at the bottom take a left and right and park in the car park and then take the lane to the ground.

Public Transport



12 minutes

Train to Harpenden Railway Station then go up to the main road and turn left walk straight on at the crossroads roundabout then take the right fork and then take first right and then first left past the Oak Tree pub and the ground is on the left after about 100 yards at the Tennis courts cross the car park and the ground is on the right at the top of the lane.



Admission Price

£5 Adults
£2 for OAP and Under 16

Hoddesdon Town

Ground - Lowfield Sports Ground Park View, Hoddesdon, EN11 8PX

Telephone: 01992 463133

Nickname: The Lilywhites

Founded: 1879

Ground Capacity: 3,000 (150 Seated)



Driving to the Ground



Take the M25 to Junction 25 and from the North take the first exit and from the South take the third exit onto the A10 and go straight on at the next roundabout then take the slip road for Hoddesdon A1170 then at the roundabout take the second exit onto Dinant Link and at the Sun roundabout take the third exit and take a right at the Taverners Clock Tower into Pauls Lane continue to the roundabout then take the second exit into Brocket Way then second left into Park View.

Public Transport



→ 20 mins

Train to **Rye House Railway Station** go out of the main entrance turn left and walk to the main road there turn left and go up Rye road to the roundabout there turn left into Stanstead Road then turn right at the Boars Head pub then go left at the first roundabout then straight on at the next into Amwell Street and continue on where it narrows and becomes High Street and at the end of the prescient take the first road on your right at Barclays Bank into Brockett Street then first left at Aldi then second left into Park Road the gates to the ground are in front of you at the top of the road.

Admission Price

£5 Adults
£2 for OAP and Under 16

Leighton Town

Ground – Bell Close off Lake Street Leighton Buzzard Bedfordshire LU7 1RX
Telephone: 01296 487367
Founded: 1885

Capacity: 2,800 (400 Seated)
Team Nickname: The Reds

Driving to the Ground



From the North take Junction 13 M1 take the third exit at the roundabout then first left into Salford Road go straight on at the next roundabout then take the third exit at the next roundabout onto the A4012 / Mill Road and at the end take a left and then at the parish church take a right and take the road to the roundabout there take the second exit and follow the road into the town when you come to a mini roundabout with Sterling Carpets in front of you take the first exit into Leston Road and then at the next roundabout take the second exit into Lake Street with the entrance to car park and ground is opposite Morrisons Supermarket Petrol Station, half a mile south of Town Centre.



From the south take Junction 10 from the M1 and take the first exit past the Dunstable Hospital and go to the end of the road then turn right onto the A5/ Watling Street/ High Street and go out of Dunstable through the lights and at the roundabout take the first exit onto the A505 then at the Billington Roundabout take the third exit into Billington Road continue through one roundabout and the ground is on the left opposite Morrisons Supermarket Petrol Station.

Public Transport & Walking



→  12 minutes

Train to **Leighton Buzzard Railway Station** walk out of the main station and walk up the approach road turn right into Old Road and then right into Leighton Road cross the river over two bridges then at the mini roundabout take a right down Bridge Street past Dovic Cycles and continue down Bridge Street into High Street by walking straight on then at Market Square take a right into Lake Street past the theatre then turn right at the junction past the Sun Inn and the ground is on the right up the lane if you see the Falcon pub you have gone too far.

Admission

Adults £7
OAP's/Students £3
Under 16's £2
Children under 12 Free with Adult

Programme

£2.00

Leverstock Green

Ground – Pancake Lane, Leverstock Green, Hemel Hempstead, HP2 4NQ

Telephone: 01442 246280

Nickname: The Trees

Founded: 1893

Capacity: 1,500 (100 Seated)



Driving to the Ground



Take Junction 7 on the M1 and follow the spurs onto the A414 and at the roundabout take the first exit and first left into Warwick Road and second right into Pancake Lane (which is a single track be carious to others using the lane).

Public Transport



Train to **Hemel Hempstead Railway Station** and walk down Station lane and cross the road and take the **Arriva 500 bus** and take it to marlowes and walk to Stop E and then take the **Arriva in Herts and Essex 302 bus** to Pancake Lane then turn left and walk up the lane the ground is on the left just set of the road by a car park.



Admission Price

Adults £6
 OAP's/Students £3
 Under 16's £1

Potton United

Ground - The Hollow, Biggleswade Road, Potton, SG19 2LU
Telephone: 01767261100
Founded: 1943
Capacity: 3,000 (200 Seated)
Team Nickname: The Royals

Driving to the Ground



Take the A1 to Biggleswade South Roundabout first from the North and third from the south straight on at the first roundabout and third exit at the next roundabout into Saxon Drive and straight on at the first roundabout and third exit at the next roundabout into Baden Powell

Way then straight on at the next two roundabouts and at the Kings Head Pub roundabout take second exit onto Potton Road and the ground is on the right just before you enter Potton.



Public Transport



2 minutes



188



7 minutes

Train to Sandy Railway Station then take Herberts Travel 188 bus from opposite the main entrance to Station Road (Oak Crescent) in Potton beside the Red Lion Pub then walk down to the crossroads take a right and the ground is 300 yards on the left.



Admission Price

£5 Adults
£2 for OAP and Under 16

Risborough Rangers

Ground – BEP & Windsor Horsendon Lane Horsendon Princes Risborough HP27 9NE

Main Telephone No: 07855 958236

Nickname: borough

Founded: 1971

Capacity: 2,000 (50 Seated)

Programme: £2.00



Driving to the Ground



Take the M40 to junction to Junction 6 and at the end of the slip road from the north take a right and from the south take a left onto B4009 to Chinnor and at the crossroads take a left and at the next crossroads take a left to stay on the B4009 and then take the sign for Prince Risborough and Wycombe down Summerleys Road and at the bottom of the road turn left into Picts Lane over the railway bridge then turn right and the ground is on the right after about 100 yards.

Public Transport



12 minutes

The ground is beside **Princes Risborough Railway Station** but you have now to walk up Station Approach then right into Station Road and the right into Picts Road at the end of Picts Road take a left over the railway Bridge then turn right and walk down to the ground

Admission Price

£5 Adults
£2 for OAP and Under 16

Shefford Town & Campton

Ground – Shefford Sports Ground, Hitchin Road, Shefford, SG17 5JD

Telephone - None

Nickname: Rams

Founded: 2010

Capacity: 1,000 (70 Seated)



Steve

Driving to the Ground



Take the A507 to Shefford lower Roundabout and take the third exit onto the A500 Hitchin Road and the ground is on the left before Dechman Care and there is small car park for the ground.

Public Transport & Walking



2 minutes →



200 →



2 minutes

Train to **Flitwick Railway Station** take a left walk up to the mini roundabout then right and first left into Kings Road and walk up to the church across from the bowling club and take the **Great Palmer 200 bus** to the Steamer Pub on Clifton Road and walk straight across and down Southfields at the bottom take a right into Maple Drive and follow it to Hitchin Road and take a left and the ground is on the right walk up to the lane to the ground.

Admission Price

£5 Adults

£2 for OAP and Under 16

St Panteliemon

Ground – The Queen Elizabeth Stadium, Donkey Lane, Enfield, EN1 3PL

Telephone: 020 8422 8923

Nickname: The Saints

Founded: 2015

Capacity: 2,500 (250 Seated)

Driving to the Ground



From the M25, then from the North take junction 25 and take the third exit and from the South take the first exit at the roundabout and merge onto the A10 Great Cambridge Road. Then after just under two mile you will reach lights with the Halfway Pub on you right take a right into Carterhatch Lane. Donkey Lane is first left after the pub go to the top of the lane where there is plenty of free parking outside the station.



Main Stand

Public Transport & Walking



→ 7 mins

Train to **Southbury Railway Station** then turn left into Southbury Road and walk up to the lights and turn right past the Cinema and walk up Great Cambridge Road. Walk for about 700 yards cross over at the pedestrian crossing come back on yourself and turn right into Donkey Lane the ground is about 100 yards on the right

Admission

Adults £6
Concessions and Children £1

Programme

£1.00

Stotfold

Ground – New Roker Park; The Green, Arlesey Road, Stotfold SG5 4AN

Telephone - 01462 730765

Nickname: The Eagles

Founded: 1945

Capacity: 1,500 (100 Seated)



Driving to the Ground



Take the A1/M1 to the junction for the A507 from the North take the third exit and from the south take the first exit onto the A507 and go straight on at the first roundabout and take the third exit at the next roundabout onto Hitchin Road then at the church crossroads take a left into Arlesey Road and the ground is on the right after 300 yards with a small car park.

Public Transport



3 minutes



96A



2 minutes

Train to **Letchworth Garden Railway Station** walk to the end of the station row and at Stop D and take the **Centre Bus 96A bus** to Larkfield Surgery and cross the road turn left and walk up to the ground.



Admission Price

Adults £6
OAP's/Students £2
Under 16's £1

Tring Athletic

Ground – Pendley Sports Centre Cow Lane, Tring HP23 5NS
Telephone - 01442 891144
Nickname: Athletic
Founded: 1958 (Tring Youths FC)
Capacity: 2,000 (250 Seated)



Driving to the Ground



Take the M1 to junction 11 and from the North take the third exit and from the south take the first exit onto the A505 and go straight on at the first roundabout onto Luton Road go straight on through one roundabout and at the crossroads go straight on and join the B489 and go straight on at the next three roundabouts and at the Travellers Rest Roundabout take the second exit.

At the end of the road take a left for Tring and Pitstone A488 and at the roundabout take the first exit into Northfield Road and at the bottom of the road take a right into Station Road and as you enter Tring then take a left into Cow lane and the ground is 200 yards on the left

Public Transport



Train to **Tring Railway Station** then walk 23 minutes straight down Station Road and then left into Cow Lane the ground is set back on the left



Admission Price

£5 Adults
£2 for OAP and Under 16

Spartan South Midlands League Division One

Promotion to Spartan South Midlands League Premier Division Level 5

Amersham Town

Ground - Spratleys Meadow School Lane Amersham HP7 0EJ

Telephone – 01494 727428

Nickname: Magpies

Founded: 1890

Capacity: 1,500 (70 Seated)



Driving to the Ground



Take the M25 to junction 18 and take a right for the north and from the South take a left for the A404 and at the first roundabout go straight on the third exit and the next followed by first

exit at the next and straight on at the next roundabout and at the double mini roundabout take the first exit and straight on at the next two roundabouts on Sycamore Road and cross the railway bridge in to Rectory Hill and at the next roundabout take the second exit into School Lane and the ground is on the left.

Public Transport



13 minutes

Train to **Amersham Railway Station** then turn right out of the main entrance and take first left then at the lights at the bottom of Rectory Hill take a left into School lane and the ground is 300 yards on your left.



Admission Price

£5 Adults
£2 for OAP and Under 16

Admission Price

£1

Amphill Town

Ground – Amphill Park, Woburn Street Amphill MK45 2HX

Telephone: 01525 404440

Nickname: The Amps

Founded: 1881

Capacity: 1,300 (70 Seated)



Driving to the Ground



Take Junction 11 on the M1 and from the south at the end of the slip road take a left and the same from the north onto A5120 and at the roundabout go straight on and at Flitwick Railway roundabout take the third exit and then first right into High Street and straight on at the next three roundabouts and at the White Hart Pub roundabout in Ampthill take the first exit into Woodburn Road and the entrance to the ground is on the right after 200 yards.

Public Transport



3 minutes



42



8 minutes

Train to **Flitwick Railway Station** then walk up the stairs to the bridge and then take a left into High Street and then walk up to the bus stop and take the **Grant Palmer 42 bus** to the Prince of Wales Pub in Bedford Street then walk a few yards cross the roads turn right and walk down Park Road then at the end take a left into Park Hill then first right and the ground is across from the police station



Admission Price

£5 Adults
£2 for OAP and Under 16

Bedford

Ground - McMullen Park Meadow Lane Bedford MK44 3LW
Telephone - None
Nickname: The Printers
Founded: 1957 (Bedford United FC) merged with Valerio FC 2002)
Capacity: 2,000 (150 Seated)



Driving to the Ground



From the M1 Junction 12 and then at the second roundabout take the A421 (Signposted for Bedford/ Potton), then follow the A421 round on the By Pass and take the exit for the A603, then take the third exit onto Cambridge Road then after 200 yards take a left which is signposted Meadow Lane and the ground is on the left just after Bedford Town

Public Transport



10 minutes →



72 or 73 →



2

minutes

Train to **Bedford Railway Station** then walk to the end of the Station Road turn left then cross the road turn right into Alexandra Road then fourth left into Alexandra Place walk to the end then turn right on to Greyfriars then at the roundabout take a right then cross the road to

Bedford Bus Station and take the **Stagecoach East 72 and 73 bus** at stance 7 and get off at Meadow Lane Cardington and its two minutes up the lane to the ground.



Admission Price

£5 Adults
£2 for OAP and Under 16

Buckingham Athletic

Ground - Stratford Fields Stratford Road Buckingham MK18 7BF
Telephone: 01280 816945
Nickname: The Athletic
Founded: 1933
Capacity: 1,500 (125 Seated)



Driving to the Ground



Take the A5 and then take the slip road for the A421 and take it to Badgers roundabout and there take the second exit and go straight on at the next roundabout and at the next roundabout take the first exit onto Stratford Road and the ground is on the left at the bend with a small car park.

Public Transport



4 minutes



X5



5 minutes

Train to **Milton Keynes Railway Station** then come out of the main entrance and go to Stop Z4 and take the **Stagecoach East X5 bus** to High Street in Buckingham then go onto Stratford Road walk past the BP garage and the ground is on the right after 5 minutes.



Admission Price

£5 Adults

£2 for OAP and Under 16

Burton Park Wanderers

Ground - Burton Park, Polwell Lane Burton Latimer NN15 5PS

Telephone: 07980 013506

Nickname: Wanderers

Founded: 1961
Capacity: 2,100 (600 Seated)

Driving to the Ground



South

Take the M11 to Huntingdon carry on onto the A14 till junction 10 then at the roundabout take the second exit onto Kettering Road then at the second roundabout take the second exit onto Station Road then take the fourth right into Powell Lane then take the second right for the car park and then take the path to the ground.

North

From the M1 take Junction 19 onto the A14 and go straight on at the TJunction and at Junction take the sign for Wellingboro and at the roundabout take the fourth exit for the A509 and then first left into Station Road and then first left into Powell Lane and second right into the Car Park the ground is behind the hedge.



Public Transport



14 mins →



X1



7 mins

Train to **Northampton Railway Station** then 14 minute walk up to Greyfriars Bus Station by walking up on Black Lion Hill turn left into Marefair and take the third left and first right into St Mary's Street then second left in the Horsemarket then first into Greyfriars the bus station is opposite the Peacock Shopping Centre and from Stance F take the Stagecoach in **Northants X1** to Isham opposite the Monks Minstrel pub on Kettering Road go up and take the first right into Station Road then its first left after crossing the railway bridge with the ground on your right after 30 yards.



10 minutes



X1 X4 50 or 49



3

minutes

The alternatives is train to Kettering Railway Station then walk 10 minutes to opposite the council offices in London Road and take the **Stagecoach in Bedford X4** or from outside the railway station or **Stagecoach X1** going to Bedford bus station or **Stagecoach Bus No 49** (towards Wellingborough) or **No 50** (towards Rushden) which both go past the ground entrance on Polwell Lane and nearby Station Road and the ground is 30 yards on the right



Yorkshire Groundhopper

Admission Price

£5 Adults
£2 for OAP and Under 16

Eaton Socon

Ground – River Road, Eaton Ford, St Neots, PE19 3AU
Telephone - 07737 431909
Nickname: Soc
Founded: 1867
Capacity: 1,200 (80 Seated)

Driving to the Ground



Take the A1 from the north and at the roundabout take the first exit and from the south at the roundabout go straight on and do the same for the next six roundabouts and at the seventh take the second exit into St Neots Road and at the next mini roundabout take the second exit in to River Road and the ground is just past the indoor bowling club on the left.



Public Transport & Walking



26 minutes

Train to **St Neots Railway Station** then walk out of the main entrance through the lane across Station Road into Bean Road and take a left into Kings Lane just after the school then first left into Avenue Road and at the end take a left into Huntingdon Road then first right into St Neots Road and cross the river bridge and follow the road straight on through two roundabouts and just before the driving school take the path signed for the Bowling club and the ground is 100 metres on the left.

Admission Price

£5 Adults
£2 for OAP and Under 16

Holmer Green

Ground – Airedale Park Holmer Green Sports Watchet Lane, Holmer Green, HP15 6UF
Telephone - 01494 711485
Nickname: The Greens
Founded: 1908
Capacity: 2,000 (160 Seats)

Driving to the Ground



Take the M40 to Junction 4, take the A404 exit to High Wycombe/Marlow/Maidenhead then take the third exit on A404 Marlow Hill then go straight on at the mini roundabout then at Wycombe Abbey High School Roundabout take the first exit and then at the next mini roundabout take the second exit past the Police Station onto Victoria Road and continue on to Hazelmere and at the mini roundabout with Esso garage in front take the first exit onto Holmer Green Road then at the next mini roundabout take the second exit into Sawpit Lane which becomes Watchet Lane the entrance to the ground is on the left after 700 yards park your car at the Sports Centre and walk up the lane to the ground.



Public Transport



Train to **Amersham Underground Station** on the Metropolitan Line then walk out to the bus stop and take **Carousel 1A Bus** to the Pond cross the road and take a right into Pond Road and at the end of the road take a left into Beech Tree Road past the British Legion then at Beech Tree Autos take a left and walk about 100 yards and cross the road to the ground.

Admission Price

£5 Adults
 £2 for OAP and Under 16

Langford

Ground - Forde Park Langford Road Henlow SG16 6AG
Telephone: 01462 816106
Nickname: ford
Founded: 1908
Capacity: 2,000 (160 Seated)

Driving to the Ground



Take the A1 to Biggleswade South Roundabout take the first exit from the north and third exit from the south and go straight on at the first roundabout into London Road and then straight at the next roundabout into High Street and then first exit at the next roundabout into Tea Road and at the lights take a right into Hitchin Street and go straight on at the next two roundabouts on to Lanford Road and then go straight on at the next roundabout and the ground is on the right after 600 yards.



Public Transport



3 minutes



74



2 minutes

Train to **Biggleswade Railway Station** then come of the main entrance and take the **Grant Palmer 74 bus** and get off at the ground then cross the road.

Admission Price

£5 Adults

£2 for OAP and Under 16

Letchworth Garden City Eagles

Ground Address: Pixmore Fields, Ledgers Lane, Letchworth Garden City, SG6 2EN

Telephone - 07855 292972

Nickname: Eagles

Founded: 1979

Capacity: 1,500

Driving to the Ground



Take junction 9 and from the south take the first exit and from the north take the third exit into Letchworth Road and at the roundabout take the third exit into Baldock Road and at the Aldi roundabout take the third exit and at roundabout drive past the North Herts Leisure Centre into their car park, at the bottom of the car park take a ramp into car parking next to the rugby club and take an immediate right turn down a single width carriageway at the back of the rugby club building, at the end take a left turn and immediate right into the Eagles car park.

Please use the football club car park rather than the Leisure Centre's or the Rugby Club's.



Public Transport



2 minutes →



47 →



2 minutes

Train to **Letchworth Garden City Rail Station** then walk over to Stop E and take the **Arriva 98 bus** going to Baldock and get off outside the Hertfordshire Football Association Ground then walk a few yards then cross the road and turn right into Legends Lane and the ground is through the green gates at the top of the lane.

Admission Price

£5 Adults
£2 for OAP and Under 16

London Tigers

Ground – Avenue Park, Western Avenue, Greenford UB6 8GA

Telephone - 02085745368

Nickname: Tigers

Founded: 1919 (Kingsbury Town FC) merged in 2006 Marylebone London Tigers)

Capacity: 3,100 (300 Seated)

Driving to the Ground



Leave the M25 at Junction 18, and then take the A404 through Rickmansworth to Northwood. After passing under a blue railway bridge, take first right into Chestnut Avenue. The ground is in grounds of Northwood Park, entrance is 400 metres on left before you arrive at cemetery and Leisure Centre.



Public Transport



5 minutes

Train to **Northwood Hills (Underground Station)** then take a left walk up to the roundabout take a left and at the next left turn into the ground at the car salesroom walk under the bridge and its 100 yards on the left.



Admission Price

£5 Adults
£2 for OAP and Under 16

Lutterworth Athletic

Ground – Steve Rendal Park, Hall Lane Bitterswell, Lutterworth, LE17 4 LN
Telephone: 07525057334
Founded: 1983
Capacity: 2,000 (100 Seated)
Team Nickname: The Atho

Driving to the Ground



At Junction 20 on the M1 take the sign for the A5 and from the south take the first exit and third exit from the North at the roundabout and at the next roundabout take the third exit onto Rugby Road and follow up through the High Street and just outside the town take a left at the football ground sign and the ground is on the right.



Public Transport



6 minutes →



84 →



X45 →



7 minutes

Train to **Leicester Railway Station** then turn left and walk up and then take a left into Granby Street and walk up to Tesco express and turn right and at Stop EK take the **Arriva Midlands 84 bus** and take it to Northfield Road and take the **Arriva Midlands X45 Bus** and get the bus to Oakberry Road Lutterworth either get a taxi or walk 25 minutes to the ground get off the bus turn left and walk back down Leicester Road and head for Bitterswell when you get to the white house take path on the left and after a few yards turn right walk across the park to the ground.

Admission

Adults £5
Juniors & OAP £2.00

Moulton

Ground - Brunting Road, Moulton, Northampton NN3 7QF
Telephone - 07795247388
Nickname: Magpies
Founded: 1896
Capacity: 1,500 (75 Seated)



Driving to the Ground



Take junction 15 on the M1 and from North take a right and from the south take a left following the signs for the A45 and leave for the A43 and Little Billing and take the first exit at the roundabout and straight on at the roundabout take a left for Boothville and straight on at Lumbertops pub roundabout and at the light take a right for Moulton into Northampton Lane south and just before the Oaks take a left into Brunting Road straight on down the lane to the ground

Public Transport & Walking



10 minutes



2



12 minutes

Train to **Northampton Railway Station** then walk up to the end of the Station Approach and turn left into Black Lion Road then take the lane in Mare Lane and walk straight on past the Black Lion pub and across the Horse Market till you get to the Travelodge then turn left into College Street then turn right over to North Gate Bus Station Bay 8 and take the **Stagecoach in Midlands 2 bus** to the Lumbertums Pub walk back past the roundabout on Northampton Lane North then turn right and take the sign for Moulton onto Northampton Lane South left and into Brunting Road walk straight on down the lane to the ground

Admission

Adults £5
 Juniors & OAP £2.00

Northampton Old Nothamptonian Chenecks

Ground - Old Northamptonians Sports Ground Billing Road Northampton NN1 5RX
Telephone: 01604 634045
Founded: 1946
Capacity: 2,000 (150 Seated)
Team Nickname: Old Chens

Driving to the Ground



Take junction 15 on the M1 and from North take a right and from the south take a left following the signs for the A45 and leave for the A428 and at the roundabout take the first exit onto the A428 and at Dergate crossroads lights take a right and at the crossroads take a right into Billing Road and the ground is signed on the left it has plenty of parking.



Public Transport



6 minutes



3 minutes

Train to **Northampton Railway Station** then walk past Starbucks on the corner of Mare Fair and take the **Stagecoach Midlands 5 Bus** to the School on Billing Road and it's a two minutes' walk to the ground on your left

Admission Price

£5 Adults
£2 for OAP and Under 16

Northampton Sileby Rangers

Ground – Fernie Fields Sportsground Moulton Way, Northampton NN3 6FR
Telephone: 01604 670366
Nickname: Rangers
Founded: 1968 (Sileby Rangers FC)
Capacity: 1,700 (150 Seated)

Driving to the Ground



Take junction 15 on the M1 and from North take a right and from the south take a left following the signs for the A45 and leave for the A43 and Little billing and take the first exit at the roundabout and straight on at the roundabout the take a left for Boothville and straight on at Lumbertums pub roundabout and then turn first right then first left into Moulton Park south follow the road round it becomes Fernie Fields and the ground is in front of you

Public Transport



10 minutes



2



10 minutes

Train to **Northampton Railway Station** then walk up to the end of the Station Approach and turn left into Black Lion Road then take the lane in Mare Lane and walk straight on past the Black Lion pub and across the Horse Market till you get to the Travelodge then turn left into College Street then turn right over to North Gate Bus Station Bay 8 and take the **Stagecoach 2 bus** to Lumbertums pub in Lumbertums Lane walk straight on at the roundabout into Moulton Park then turn first right then first left into Moulton Park south follow the road round it becomes Fernie Fields and the ground is in front of you

(Don't use the postcode on sat nav it will take you to the Travelodge on Talavera Way)



Admission Price

£5 Adults
£2 for OAP and Under 16

Raunds Town

Ground - Kiln Park London Road Raunds NN9 6EQ

Telephone: 01933 623351

Fax: 01933 460941

Nickname: Shopmates

Founded: 1946

Capacity: 3,000 (250 Seated)

Driving to the Ground



Take junction 15 on the M1 and from North take a right and from the south take a left following the signs for the A45 and follow it to KFC Raunds and that roundabout take the third exit and the ground is on the left after 25 yards with a small car park.



Public Transport



10 minutes



16



3 minutes

Take the train to **Kettering Railway Station** walk to the top of Station Road take a right into Bowling Green Road and then turn right into London Road and walk down to St Marys Hospital and take the **Stagecoach 16 bus** to Asda and walk straight on to the roundabout and cross the road turn left and the ground is on the right after 50 yards.



Admission Price

£5 Adults
£2 for OAP and Under 16

Rugby Borough

Ground: Kilsby Lane, Rugby CV21 4PN

Telephone – 01788 568500

Nickname: The Gold

Founded: 2017

Capacity: 1,000 (75 Seated)

Driving to the Ground



Take Junction 18 on the M1 and from the north third exit and from the south first exit at the roundabout and first exit at the next roundabout and straight on at the next two roundabouts and as you enter Rugby take a left into Kilsby Lane and first right for the ground with plenty of parking.



Public Transport



2 minutes



4



D1



5 minutes

Train to **Rugby Railway Station** walk out onto Abbey Road and take the **Stagecoach Midlands 4 bus** to Clifton Road and then walk down to Stop 0 and then take the **Stagecoach D1 bus** to Kilsby Lane and cross the road take a right and then first right and the ground is at the bottom of the lane

Admission Price

£5 Adults
£2 for OAP and Under 16

Rushden & Higham United

Ground - Hayden Road Rushden Northants NN10 0HZ

Telephone - 01933 410036

Nickname: The Lankies

Founded: 1876 (Higham United) merger with Rushden Rangers 2007

Capacity: 1,500 (150 Seated)



Driving to the Ground



North

Take the M6 and then join the A14 then exit the A14 at Junction 14 for Bedford and Kettering and at the roundabout take the third exit and at the next take the first onto the A6 then go straight on at the next seven roundabouts at the eight take the third exit onto Newton Road and then take the first right after Newton Road School on the right (if you pass a lield you have missed it) and the ground is on the left after 100 yards.



South

Take the M1 to junction 13 and at the first roundabout take the second exit and second exit at the next onto the A421 and then keep on the left lane and join the A428/A6 then at the lights take a left onto the A428 Branston Way then go straight on at the next two roundabouts then at the third take the first exit then go straight on at the next then take the second exit at the next roundabout on the A4280.

Continue on this road and at the next exit join the A6 Great Ouse Way then second exit at the next roundabout then straight on at the next and then first exit at the next roundabout onto the A6. Then go straight on at the next roundabout then first exit at the next onto Newton Road and then take the first right after Newton Road School on the right (if you pass the school you have missed it) and the ground is on the left after 100 yards.

Public Transport



12 minutes



2



10 minutes

Train to **Northampton Railway Station** then walk up to the end of the Station Approach and turn left into Black Lion Road then take the lane in Mare Lane and walk straight on past the Black Lion pub and across the Horse Market till you get to the Travelodge then turn left into College Street then turn right over to Northgate Bus Station Bay 11 and take the **Stagecoach in the Midlands X46 bus** for Raunds to the Salvation Army Citadel in Rushden then walk up Church Street which becomes Newton Road and take the first Left into Cromwell Street after Newton Garage and carry on it becomes Hayden Road and the ground is on the left



Admission Price

£5 Adults
£2 for OAP and Under 16

Thame Rangers

Ground – The ASM Stadium, Meadow View Park, Tythrop Way, Thame, OX9 3RN

Telephone - 01844 214401

Founded: 1883

Capacity: 2,800 (400 Seated)

Team Nickname: United

Driving to the Ground



From the North and south take junction 8A on the M40 from the south at the roundabout take the third exit and at the next roundabout as from the north take the second exit at the roundabout onto the A418 and at the next roundabout take the first exit and at the next roundabout take the third exit and the ground is on the left after 50yards



Public Transport & Walking



280



→ 5 mins

Take the Chiltern Rail Train to **Haddenham & Thame Parkway Rail Station** then **Arriva in Bedfordshire Sapphire 280 Bus** to Aylesbury Road and Queens Close from there walk back and on the right is a path that will take you to Roundhead Avenue at the end take a left and at the main road take a right then cross the road and take first left and walk up to the ground.

Admission

Adults £8
Concessions and Children £2

Programme

£1.00

Wellingborough Whitworth

Ground - The Victoria Mill Ground Dog & Duck Lane Wellingborough NN8 2DP
Telephone - 07973315146
Nickname: The flourmen
Founded: 1973
Capacity: 2,000 (290 Seated)

Driving Directions



The ground is easily reached via the A45 dual carriageway that runs from the M1 Junction 15 northeast to the A14 at Thrapston. The Dog and Duck ground can be reached from junction 14 of the A45 (the A509 exit), at the first roundabout and second roundabout both are second exits passing a large Tesco store on your left as you follow Turnells Mill Lane into Wellingborough, and then taking the first exit at the next roundabout into London Road, and you will see the Dog and Duck pub / restaurant on your right, with the entrance to the ground next to it and take the left lane next to Towns ground and go up to the ground.



Public Transport



2 minutes



X4 or X46 or X47



3 minutes

Take the train to **Northampton Railway Station** go out of the main entrance and walk down the Mair Fair and then walk straight on into Gold Street and then at Traverlodge turn left into College Street and walk up to the bus station and then from Platform F take the **Stagecoach in the Midlands X46 and X47 bus** to the Dog and Duck with the entrance to the ground next to Towns Ground and it's a walk past their ground to the Mill.



16 minutes

Train to Wellingborough Railway Station and walk 16 minutes to the ground by going out of the main entrance and walking up Midland Road then take the third left into Brook Street East till Irthlingborough Street then take the right then first left into London Road and the Dog and Duck pub on your left, with the entrance to the ground next to Towns Ground and it's a walk past their ground to the Mill.

Admission Price

£5 Adults
£2 for OAP and Under 16

Winslow United

Ground - The Winslow Centre Park Elmfields Gate Winslow MK18 3JA

Telephone: 01296711039

Nickname: The Ploughmen

Founded: 1891

Capacity: 2,000 (100 Seated)



Driving Directions



Take the A413 to Winslow and when you get to Lloyds Pharmacy from the north take a left and from the south take a right into Elmfields Gate and the ground is on the left before the cricket ground.

Public Transport



2 minutes →



X5 →



X60 →



2 minutes

Train to **Milton Keynes Central Railway Station** walk out of the main entrance and from stop Z1 take the **Arriva in Beds and Bucks X5 Megabus** to Buckingham High Street and then **Arriva in Beds X60 bus** to Avenue Road on High Street walk up a few yards and turn left the ground is 50 yards on the left.



Admission Price

£5 Adults

£2 for OAP and Under 16